Developmental Disabilities

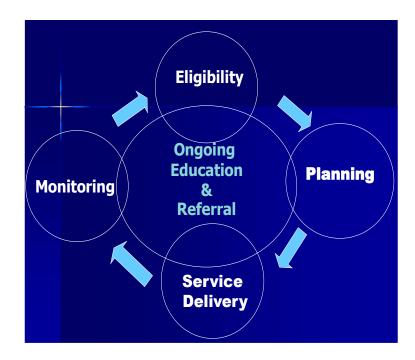


Children's Services

This handout is an overview of the Children's Developmental Disability and Intervention Services available through Idaho Medicaid, which includes:

- Intervention Services
- Support Services
 - Traditional Pathway
 - Family Directed Services (FDS) Pathway

Case Management is provided with traditional support services and optional with Intervention and FDS.



Ongoing education will be provided to help make decisions about services and supports.

Please visit <u>https://healthandwelfare.idaho.gov/services-programs/medicaid-health/resources-parents-and-caregivers</u> for more details about these services.

CHILDREN' S COMMUNITY SERVICES

INTERVENTION SERVICES

Intervention services are for individuals from birth through the month of their 21st birthday who have Medicaid. The individual must have functional and/or behavioral needs that require intervention services. Families who want to access services can receive services from a Developmental Disability Agency (DDA) or an Independent Provider of their choice.

Habilitative Skill Building



Direct intervention to teach and develop functional skills and abilities

Includes teaching and coordinating training methods with family

Behavioral Intervention

This service teaches the individual new skills and ways to manage behaviors that make it difficult for them to participate in activities in their home and community. Behavioral Intervention also includes teaching and coordinating the skills being taught to other family members who care for the eligible individual. This service can be delivered to an individual or in a group.

Interdisciplinary Training



Companion service to Habilitative Skill Building & Behavioral Intervention. Child must be present. This service allows for collaboration and training between an Intervention Specialist or Professional and:

Speech Therapist Physical Therapist

ist Occupational Therapist bist Medical Professional Behavioral Health Professional

Crisis Intervention

This service is available when an individual has an experience that was not planned that places them at risk for hospitalization, placement outside of the home, incarceration, or harm to self or other people. It includes training staff on the needs of the individual and ways to intervene, providing additional intervention to help the individual cope, developing a crisis plan, and identifying things that both you and the intervention providers can do to address the behavior.

Crisis services include staff training, emergency intervention, and assistance with developing a crisis plan.

1915i HOME AND COMMUNITY BASED SUPPORT SERVICES

Support services are services for children from birth to the child's 18th birthday who have been determined eligible for Medicaid, are diagnosed with a qualifying Developmental Disability, and have limitations in functional abilities. To access these services, you must complete an application and your child must be assessed and determined eligible.

Eligible children will be given a set amount of money per year to spend on their Medicaid services. Your child will be provided an individual, called a Case Manager, who will help you find the services and supports that you need for your child.

Traditional Supports Pathway

Under this pathway your child can receive services from a Developmental Disability Agency (DDA) or an Independent Provider of your choice. Under this service pathway, you may purchase:

<u>**Respite**</u> – This service provides relief time for you to do activities outside or inside the home that you cannot do while you are caring for your child. Respite cannot be used while you as the parent are working. It can be provided one on one or in group. Independent providers can only provide group respite to groups of siblings who are all eligible for DD services. If you have more than one child receiving services, they can receive group respite from an Independent Provider, but that provider must be related to your children.

<u>Community-Based Supports</u> – This service is designed to help your child participate in activities in their community as independently as possible and helps your child to explore their interests and practice things they have learned from other therapies. It can be provided one on one or in a group.

<u>Family Education</u> – This service offers parents education on topics such as understanding your child's diagnosis, how to use adaptive equipment, and how to manage things your child has difficulty with. This service is available to parents/guardians, family members or other people that have a primary role in your child's life.

Your Case Manager will get to know your child, their needs, and the needs you have for them and assist you to develop a plan to meet those needs. They will help you navigate Medicaid systems and obtain and coordinate both Medicaid funded services and non-Medicaid services and supports in your community.

Family Directed Services (FDS) Pathway



This pathway provides you with more flexibility to choose, design and direct your child's services to allow for more creative ways to access services. Under this service pathway, you may purchase:

<u>Community Support Worker Services</u> - You can hire individuals of your choosing to assist your child in the home or community. You will hire an individual, called a Support Broker, who will write your child's plan for services.

<u>Adaptive Equipment</u> – This is equipment for your child. These items must be related to your child's DD diagnosis and not available through their Medicaid card.

<u>Other Approved Services</u> – includes music therapy, aqua therapy, hippotherapy, and therapeutic riding. These services require a recommendation and justification and must be provided by an individual qualified to deliver the service.

A Case Manager will help you navigate the process to enroll in Family Directed Services. After Family Directed enrollment is completed, continued Case Management is optional, but not required, to assist with activities that are beyond what the Support Broker is required or negotiated to deliver.

CASE MANAGEMENT



Case Management is required for children receiving Traditional Supports and is an available option for individuals who have Intervention only through the State Plan and Family Directed Services.

Case Managers will help you navigate the system and will help you become a more effective advocate for the needs of your child. Case Managers facilitate family-centered planning meetings and coordinate and collaborate with all service providers. Case Managers can assist with referrals and help you connect to community resources to find the right provider. They can also help monitor your service on a monthly basis, assist with mental health services, and guide you through the Adult Services Transition process.