



GETTING STARTED WITH YES

YES.idaho.gov

You have a variety of ways to determine if your child may benefit from mental or behavioral health services

1 TAKE THE FIRST STEPS

- Call the **Idaho Behavioral Health Plan Managed Care Organization** and talk to someone about getting help.
- Talk to a doctor about getting help and completing a mental health screener.
- Use the Youth Mental Health Checklist for Families available under “Parents” at [YES.idaho.gov](https://www.yes.idaho.gov).

2 YOUR CHILD MAY BE ELIGIBLE FOR MEDICAID

To apply:

- Call 1-877-456-1233. **OR**
- Go to idalink.idaho.gov

NOTE: Medicaid income limits are higher for children with **serious emotional disturbance (SED)**.

3 GET AN ASSESSMENT

- If you **previously applied for Medicaid and were not eligible**, call the **Independent Assessor** to schedule an assessment for SED.

YES Questions?
Call 1-800-352-6044

4 FIND A PROVIDER

- Call the **Idaho Behavioral Health Plan Managed Care Organization** for help locating services in your community.
- They can help even if your child is not eligible for Medicaid.

5 PARTICIPATE IN COORDINATED CARE PLANNING FOR YOUR CHILD

- Attend what is called “Child and Family Team (CFT) coordinated care plan meeting.”
- Your child’s mental health provider, other professionals, family, and friends can all participate in CFT meetings.
- Work with the members of your CFT to identify services, supports, and goals.

6 SET UP APPOINTMENTS WITH PROVIDERS WHO CAN PROVIDE THE SERVICES IN YOUR CHILD’S COORDINATED CARE PLAN

- Work towards the goals identified in the coordinated care plan
- Celebrate milestones, goals, and successes.



RESOURCES

SED: Serious emotional disturbance refers to when youth under the age of 18 have both a behavioral health diagnosis and a functional impairment as identified by the Child and Adolescent Needs and Strengths (CANS) functional assessment tool.

Youth Mental Health Checklist: Find a copy at [YES.idaho.gov](https://www.yes.idaho.gov) under Getting Started - Parents in the top menu.

Independent Assessor
Liberty Healthcare
1-877-305-3469

Idaho Behavioral Health Plan Managed Care Organization: Magellan Healthcare
[MagellanofIdaho.com](https://www.MagellanofIdaho.com) or 1-855-202-0973